



Dear Student,

Bridging Work

An Introduction to BTEC Level 3 Health and Social Care at Phoenix Collegiate 2020-2021

Thank you for selecting Health and Social Care as one of your options of study at 6th Form! We would like to give you the opportunity to develop an in-depth understanding of the BTEC Level 3 Health and Social Care course at the Sixth Form and how you can be successful at it before you even start! This document aims to provide you with bridging work for a smoother transition by:

- a) Providing reasons why you should study Health and Social Care
- b) Providing an overview of the Health and Social Care Course- (Specification)
- c) Signposting of Course Textbook and Resources
- d) Opportunity for wider reading and developing skills and knowledge on Core Units, themes and issues that you will be studying on the course.

You will be expected to complete **four main tasks**.

This is such an unusual time to be a student. Our aim is to ensure that when you start in Year 12, you will have an excellent understanding of what you have signed up for.

Keep all of your work and bring with you to your first Health and Social Care lesson with me in September!

Introduction to BTEC Health and Social Care:



a) Firstly,
I wanted to show you a short video that illustrates why so many people want to study Health and Social Care, and why it is such a fulfilling career! Click on the link below to watch the video:

<https://www.youtube.com/watch?v=yRk8QXEtfbQ>

b) What type of career in Health and Social Care would you like to pursue? Why?

c) **Read** the BTEC Level 3 Specifications and **complete the table** that applies to your chosen programme of study.

BTEC Level 3 Extended Certificate (Single)- (equivalent to 1 A' level)

(You will be studying the following four Units: 1,2 5 and 11) over 2 years (Year 12 and Year 13). Specification: https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Health-and-Social-Care/2016/specification-and-sample-assessments/9781446938003_BTEC_Nat_ExCert_HSC_AG_Spec_Iss3C.pdf

Complete this table below

Name of Unit	How will I be assessed? E.g. exam, coursework
1.	
2.	
5.	
11	

OR:

BTEC Level 3 Diploma in Health and Social (Double)- equivalent to 2 A' levels)

(You will be studying the following **eight** Units: 1,2 4,5, 6, 7, 8 and 11) over 2 years (Year 12 and Year 13). Specification: https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Health-and-Social-Care/2016/specification-and-sample-assessments/9781446938027_BTEC_Nat_Dip_HSC_AG_Spec_Iss3C.pdf

Complete table below

Name of Unit	How will I be assessed? E.g. External exam/ coursework etc.
1.	
2.	
4.	
5.	
6.	
7.	
8.	
11	

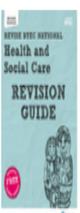
Core Textbook/Resources for the course:

You will be expected to read a wide range of sources, from books, journals, articles, and websites etc to enhance your learning. However, these are the essential reading/ **or resources that you should be using.**



Revise BTEC National Health and Social Care Revision Workbook
Publisher: Pearson
Author: Georgina Shaw, James O'Leary, Elizabeth Haworth, Brenda Baker
ISBN: 9781292299082

£10.99



BTEC National Health and Social Care Revision Guide
Publisher: Pearson
Author: Brenda Baker, James O'Leary, Marie Whitehouse, Georgina Shaw
ISBN: 9781292230443

Ideal for classroom or independent study, this Revision Guide with ActiveBook is the smart choice for learners studying for the externally assessed Units 1, 2, 3 and 4 of the new BTEC Nationals in Health and Social Care qualifications...

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Revision Guide and
Workbooks for
Exam Units 1, 2 & 4



BTEC National Health and Social Care Student Book 1
Publisher: Pearson
Author: Marilyn Billingham, Pamela Davenport, Hilary Talman, Nicola Matthews, Beryl Stretch, Elizabeth Haworth
ISBN: 9781292126012

- Written by an expert author team of BTEC teachers, verifiers and Health and Social Care professionals so you can be sure the content is reliable, relevant and of the highest quality
- Our 2 Student Books provide coverage across all general Health and Social Care sizes and pathways of qualifications.

£27.49 + £1.99 UK VAT

Core Student Textbooks: NB: Book 1 needed for BTEC L3 Extended Certificate Students only
Students studying Diploma-will need Book 1 & 2



BTEC National Health and Social Care Student Book 2
Publisher: Pearson
Author: Carolyn Aldworth, Nicola Matthews, Sue Hocking, Pete Lawrence, Marjorie Snaith, Mary Whitehouse, Elizabeth Haworth
ISBN: 9781292126029

Task 2: Human Growth development

Activity 1: Human growth and development will be the exam topic for your first year in Sixth Form. It is essential that you understand how humans grow and develop throughout each life stage. You are expected to understand each life stage in detail (and remember the age ranges!)

Using the following **textbook extracts below** (research) and **your own personal research** create a table that looks like this:

<https://www.pearsonschoolsandfecolleges.co.uk/FEAndVocational/HealthAndSocialCare/BTEC/BTECNationalsHealthandSocialCare2016/Samples/Student-Book-1/BTEC-National-in-Health-and-Social-Care-Unit-01-web-ready.pdf>



Life Stage	Age	Key Features
Birth and infancy	0 – 2 years	
Early childhood	3 – 8 years	
Adolescence	9 -18 years	
Early adulthood	19 - 45 years	
Middle adulthood	46 – 65 years	
Later adulthood	65 years onwards	

Activity 2:

Watch an episode of the documentary on Chanel 4 called 'The Secret Life of 4 Year Olds'. It gives you an insight into the physical, intellectual, emotional and social development of children. It is a good opportunity to see the development in action, instead of reading about it. Here is the link to the programme:

https://www.youtube.com/watch?v=h1efSaDxl4s&list=PL9V7HfrnFIHpyjuiaE9OH2IkQ_agSxi6&index=8

Activity 3:

Extension activity: Challenge yourself by completing the two exam questions .

The Khan family lives in a large house in London. Tanzilla has been married to her husband, Amir, for 15 years.

They have three children, Aisha who is 10 years old, Asif who is six years old and Munira who is two years old. Amir's mother, Zainab, also lives in the house.

Munira has been walking without assistance since she was 14 months old.

1 (a) Identify **two** gross motor skills that Munira would have developed before she began to walk.

(2)

1 _____

2 _____

(b) Describe how Munira's fine motor skills may have developed by the age of two years.

(4)

Task 3: Roles and Responsibilities of Health and Social Care Professionals

You will need to use the PowerPoint to carry out task 3. Slide 1 Title:-

1. Research what the terms 'front line' Health and Social Care Professional and 'pandemic' mean (slide 2).
2. Use the alphabet to research social care jobs and medical terms (slide 3).
3. Research the following job roles of healthcare professionals – including:

definition, roles and responsibilities. **Extension activity:** How do they respond in a pandemic?
(slide 5).

4. Research task: Choose a health and social care professional and create a fact file based on them – use the questions to guide you (slide 6).

Task 3: Research into Genetic Conditions

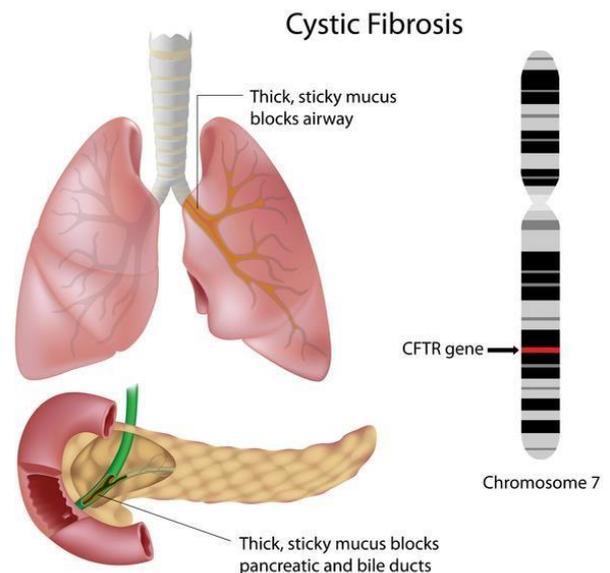
Carry out research into genetic and inherited conditions that affect people's health, development and wellbeing. Research the following conditions or select your own genetic conditions of your choice:

1. Cystic fibrosis
2. Huntington's disease
3. Down's Syndrome

Use the researched information to produce one A4 page of typed work (including one or two pictures) per condition. You should have four pages altogether. You can use Microsoft Word or PowerPoint.

You should answer the following questions on each condition:

- How does it genetically pass from parents to a child?
- How does it affect physical, intellectual, emotional and social development?
- What treatments are available?
- How would environmental effects (such as housing, pollution, and lifestyle) negatively or positively impact the condition?
- What is the life-span of person with the condition?



Some useful websites include:

- www.nhs.org
- www.healthline.com

Task 4: Super-curriculum

Here we are going to introduce you to a part of the Health and Social Care course that is offered by the Open University. The topic of 'Care Relationships' underpins all of the work we study in Health and Social Care. You should develop an understanding of the very varied meanings of care relationships and how these meanings arise.



After studying the course, you should be able to:

- Demonstrate an understanding of the importance of negotiating the meaning of care relationships
- Identify ways in which people play the roles of 'carer' and 'receiver of care'.

Click on this link <https://www.open.edu/openlearn/health-sports-psychology/social-care-social-work/carerelationships/content-section-0?active-tab=description-tab>

OR you go onto *FutureLearn* website: <https://www.futurelearn.com/> and select your own free short-course (I would recommend selecting courses from the Health care/Medicine options such as

- Developing Clinical Empathy
- Understanding NHS Values- Becoming nurses midwives
- NHS Explained
- Social Care during COVID 19- Coping with Self Isolation) However, you are more than welcomed to choose of short course of your own personal interests.

It is your choice how much you time you take to complete course. - but if you want to challenge yourself to complete it all you will receive a certificate for it from the Open University or Future Learn this will look great on your CV and when you apply for University or apprenticeships.

Note: As always with academic study, be prepared to look up anything you do not understand. This is how you are going to expand your vocabulary.

If you have any questions, I encourage you to seek to discuss them with other prospective students and try to figure them out yourself. Our exam board is Pearson for BTEC and the website contains resources. If you are still unsure or have no-one to discuss them with, feel free to email me on annalee.fyffe@phoenix.sandwell.sch.uk

Stay Safe and Happy Learning!

Mrs Fyffe

Head/ Co-ordinator of Health & Social